

CURRICULUM VITAE

PERSONAL DATA:

Name: Iman Mohammed Helmy Wahdan
Gender: Female
Date of Birth: 17/7/1970
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Work Address: Epidemiology Department, High Institute of Public Health,
165 El-Horreya Avenue - Alexandria, Egypt
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Present Post: Lecturer of Epidemiology, High Institute of Public Health
(HIPH), University of Alexandria
Languages: Arabic (mother tongue), English and French.

QUALIFICATIONS:

1994 M.B.Ch.B, Faculty of Medicine, University of Alexandria

1998 Master of Public Health (Majoring in Epidemiology), grade
excellent, High Institute of Public Health, University of Alexandria.
(Thesis entitled: Estimation of Tuberculosis incidence in Egypt
using Epidemiological models).

2005 Doctor of Public Health (Majoring in Epidemiology), High Institute
of Public Health, University of Alexandria. (Thesis entitled:
Injection Practices and the Risk of Bloodborne Infections in
Alexandria).

POSITIONS HELD:

- 1994-1995 - House officer at the hospitals of Alexandria University and Ministry of Health
- 1995-2009 - Epidemiologist, Department of Epidemiology, HIPH, Alexandria University, Egypt
- 2009-2015 - Lecturer of Epidemiology, HIPH, Alexandria University, Egypt
- 2015-till now-Assitant Professor of Epidemiology, HIPH, Alexandria University, Egypt
- 2015-till now-Head of Department of Epidemiology, HIPH, Alexandria University, Egypt

SCIENTIFIC ACTIVITIES:

- Participation in field work of the High Institute of Public Health.
- Participation in a workshop entitled "Training of trainers in Communicable Disease Surveillance and Epidemic Preparedness" in 1996.
- Participation in poliomyelitis campaigns in Egypt.
- Participation in "The 2nd International Conference of the High Institute of Public Health on Health, Environment and Development" and presenting a paper on "Injection Practices and the risk of blood-borne infections in Alexandria" in 2006.
- Participation in the 3rd International Conference of the High Institute of Public Health on Health, Environment and Development-ICHED3 and the first International Conference on Integrated Hospital Environmental Management-IHEM1 in 2008.
- Participation in the 4th International Conference of the High Institute of Public Health on "Patient Safety" in 2009 and being one of the organizing committee.

- Participation in the 4th International Conference of the High Institute of Public Health on “Patient Safety” in 2009 and being one of the organizing committee.
- Participation in the 20^h International Conference of Epidemiology held in Alaska, 2014.
- Participation in the International Conference of the High Institute of Public Health on “Health from theory to practics” in 2014.
- Participation in preparation of scientific courses of Epidemiology Department.
- Participation in scientific meetings in Epidemiology Department, preparing and presenting some seminars.
- Participation in a training program for trainees from Yemen on Immunization and Surveillance.
- A member in quality assurance committee (Program and Course specification committee and committee of annual report) and participation in preparation of course and program specification templates and preparation for writing the annual report.
- Attending workshops on mission and vision, course and program specifications and teaching and learning methods at High Institute of Public Health.
- Participation in preparation of program specifications and academic standards for Epidemiology Department.
- Participation in preparing and writing the self study for the High Institute of Public Health.
- Giving some lectures on the influenza H1N1 at Egypt Modern School in 2009 for the teachers, parents and school students.
- Participation in training of school physicians on Epidemiologic surveillance in schools in 2013.
- Giving some lectures on the influenza for Nursing students in 2015.

- Participation in training of school physicians on Epidemiology of communicable diseases among school children in 2015.

SUPERVISION OF SCIENTIFIC THESES:

Participated in supervision of scientific theses:

A. Master theses:

1. Injection Practices in Health Care Facilities in Hodeidah, Republic of Yemen.
2. Infection Control Knowledge and Practices of Veterinarians.
3. Compliance of Medical Technology College Students with Standard Infection Control Precautions for Prevention of Blood Borne Diseases in Misrata-Libya.
4. Utilization of Analgesics among Adult Population in Alexandria.
5. Drug Utilization Pattern during Pregnancy in Alexandria.
6. Reproductive Health Knowledge of Prospective Wives Attending Health Care Services to Issue Marriage Certificates in Alexandria.
7. Road Traffic Accidents in Sulaimaniyah City, Kurdistan, Iraq.
8. Prevalence of Iron Deficiency Anemia among Secondary School Students in El-Kharga, New Valley Governorate.
9. Exposure of Health Care Workers to Needle Stick Injuries in Hospitals in Alexandria.
10. Infection Control in Food Preparation and Handling Procedures in Governmental Hospitals of Gharbia Governorate.

B. Doctor theses:

1. Rheumatic Heart Cases over a period of 25 Years in Alexandria.
2. Infection control practices in the haemodialysis center in Hodeidah Governorate, Republic of Yemen.
3. Risk Factors and Outcome of Cystic Fibrosis in Gaza Strip Risk Factors and Outcome of Cystic Fibrosis in Gaza Strip.

4. Effect of an Educational Program on Health Related Quality of Life of Type 2 Diabetic Patients in Family Health Units in Alexandria.
5. Psychometric Properties and Diagnostic Accuracy of the Arabic Version of the Strengths and Difficulties Questionnaire and the Child Behavior Checklist.

RESEARCH PROJECTS:

WHO/EMRO: Epidemiological Evaluation of the Immunization against Hepatitis B in Egypt (1997)

PUBLICATIONS AND PRESENTATIONS:

- 1- Hanafi S, Sallam S, Kharboush I, **Wahdan I**. Drug utilization pattern in pregnancy in Alexandria, Egypt. Accepted for publication in European Journal of Pharmaceutical and Medical Research. 2016.
- 2- Hussein E, Gad Z, **Wahdan I**. Utilization of analgesics among adults in Alexandria. Bull High Inst Public Health. 2015; 45(1).
- 3- Mouselhy A, **Wahdan I**, Hasab A, Amin E. Anemia among secondary school students in El-Kharga Oasis, New valley, Egypt. Bull High Inst Public Health. 2015; 45(1).
- 4- El-Nimr N, **Wahdan I**, Kotb R, Wahdan A. Self-medication with drugs and complementary and alternative medicines in Alexandria, Egypt: prevalence, patterns and determinants. Eastern Mediterranean Health Journal. 2015; 21(4): 256-65.
- 5- **Wahdan I**, Madkour M, El-Nimr N. Prevalence and Determinants of Glucose Abnormalities among Patients with Chronic Liver Disease in Alexandria, Egypt. Bulletin of High Institute of Public Health. 2014; 44(1): 1-8.

- 6- El-Shanti A, **Wahdan I**, Sallam S, Hasab A, Sharif F. Cystic Fibrosis in Gaza Strip: Mutation analysis and major disease manifestations. *Int J Chem and Lifesci*. 2014; 3(04): 1312-6.
- 7- **Wahdan I**, El-Nimr N, Kotb R, Wahdan A. Risk of aggression and criminal behaviour among adolescents living in Alexandria Governorate, Egypt. *Eastern Mediterranean Health Journal*. 2013; 20(4): 265-72.
- 8- El-Nimr NA, **Wahdan IH**. The effect of training of school physicians on their knowledge regarding surveillance in Alexandria. *Bulletin of High Institute of Public Health*. 2013; 43(1): 22-35.
- 9- Abdo MA, **Wahdan IH**, Sherif AR, Raja'YA. Unsafe injection practices in Hodeidah Governorate, Yemen. *Journal of Infection and Public Health*. 2013; 230: 9p.
- 10- Monib D, **Wahdan IH**, Hasab AA, Zaher SR. Health related quality of life of rheumatic heart disease patients in Alexandria: An intervention approach. *Bulletin of High Institute of Public Health*. 2013; 43(2): 113-21.
- 11- **Wahdan I**, Wahdan A, El Gueneidy M, Abd El Rahman I. Prevalence and determinants of condom utilization among people living with HIV/AIDS in Egypt. *Eastern Mediterranean Health Journal*. 2012; 19 (12): 967-74.
- 12- Arafa MA, Rabah DM, **Wahdan IH**. Awareness of general public towards cancer prostate screening practice in Arabic communities: a comparative multicenter study. *Asian Pacific Journal of Cancer Prevention {International Journal}*. 2012; 13: 4321-6.
- 13- Rabah DM, **Wahdan IH**, Merdawy AM, Abourafe B, Arafa MA. Oncologists' knowledge and practice towards sperm cryopreservation in Arabic communities. *Journal of Cancer Survivors {International Journal}*. 2010; 4: 279-83.
- 14- Abkar MA, **Wahdan IH**, Hasab AA, Shamahi HA. Infection control practices in the hemodialysis center in Hodeidah Governorate, Republic of Yemen" Accepted for publication in *Journal of Patient Safety and Infection Control*.

- 15- **Wahdan IH**, Sallam SA, Sherif AA, Guirguis WW. Injection Practices and the risk of blood-borne infections in Alexandria. Bulletin of High Institute of Public Health. 2006; 5.
- 16- Reda AA, Arafa MA, Yousry AA, **Wahdan IH**, Ab de Ati M, Daebees H. Epidemiologic Evaluation of the Immunity against Hepatitis B in Alexandria, Egypt. European Journal of Epidemiology. 2003; 18: 1007-11.
- 17- **Wahdan IH**, Sherif AA, Arafa MA. Estimation of tuberculosis incidence and mortality in Egypt using epidemiological model. Eastern Mediterranean Health Journal. 2001; 7: 84-94.

Memberships:

1. Member of the International Epidemiological association.
2. Member of the editorial board of the Bulletin of the High Institute of Public Health.
3. Reviewer in the Eastern Mediterranean Health Journal.
4. Reviewer in the Journal of Egyptian Public Health association.